

## The calendar plan of sports events of IUKL for 2019

No	Name of the sports event	Discipline/exercise	Target group	Age	State	City	Dates
<b>First group. Rating competitions</b> (Championships of the World and Europe in all groups, European Games, World Games)							
1.	<b>Open European Championship</b>	<i>In working out</i>	men	unlimited	Germany	Stolberg	30 May – 2 June
		<i>In working out</i>	women				
2.	<b>Open European Championship U-22</b>	<i>In working out</i>	male juniors	Under 22	Germany	Stolberg	30 May – 2 June
		<i>In working out</i>	female juniors				
3.	<b>Open European Championship among veterans</b>	<i>In working out</i>	men	Men 40 years old and older, women 35 years old and older	Germany	Stolberg	30 May – 2 June
		<i>In working out</i>	women				
4.	<b>Open European Championship U-16/U-18</b>	<i>In working out</i>	young boys	Under 16 Under 18	France	Paris	28-30 June
		<i>In working out</i>	young girls				
5.	<b>World Championship</b>	<i>In working out</i>	men	unlimited	Serbia	Belgrade	November
		<i>In working out</i>	women				
6.	<b>World Championship U-22</b>	<i>In working out</i>	male juniors	Under 22	Serbia	Belgrade	November
		<i>In working out</i>	female juniors				
7.	<b>World Championship among veterans</b>	<i>In working out</i>	men	Men 40 years old and older, women 35 years old and older	Serbia	Belgrade	November
		<i>In working out</i>	women				
8.	<b>Open Asian Championship</b>	<i>In working out</i>	men	unlimited	<i>It will be certain additionally</i>		December
		<i>In working out</i>	women				
9.	<b>Open Asian Championship U-22</b>	<i>In working out</i>	male juniors	Under 22	<i>It will be certain additionally</i>		December
		<i>In working out</i>	female juniors				
10.	<b>Open Asian Championship among veterans</b>	<i>In working out</i>	men	Men 40 years old and older, women 35 years old and older	<i>It will be certain additionally</i>		December
		<i>In working out</i>	women				
<b>Second group. Stages of the World Cup, Cup of Europe (“Profi”)</b>							
1.	World Cup 1 Stage	<i>In working out</i>	men	unlimited	Serbia	Belgrade	23 February
		<i>In working out</i>	women				
2.	World Cup 2 Stage	<i>In working out</i>	men	unlimited	Denmark	<i>It will be certain additionally</i>	8-10 March
		<i>In working out</i>	women				
3.	World Cup 3 Stage	<i>In working out</i>	men	unlimited	Russia	Saint Petersburg	May
		<i>In working out</i>	women				

4.	Open European Cup	<i>In working out</i>	men	unlimited	France	Paris	28-30 June
		<i>In working out</i>	women				
5.	World Cup 4 Stage	<i>In working out</i>	men	unlimited	<i>It will be certain additionally</i>		September-October
		<i>In working out</i>	women				
6.	World Cup Final	<i>In working out</i>	men	unlimited	Australia	Melbourne	December
		<i>In working out</i>	women				
<b>Third group. Stages of the World Grand Prix, European Grand Prix (“Amateurs”)</b>							
1.	World Grand Prix 1 Stage	<i>In working out</i>	men	unlimited	Serbia	Belgrade	23 February
		<i>In working out</i>	women				
2.	World Grand Prix 2 Stage	<i>In working out</i>	men	unlimited	Denmark	<i>It will be certain additionally</i>	
		<i>In working out</i>	women				
3.	World Grand Prix 3 Stage	<i>In working out</i>	men	unlimited	Russia	Saint Petersburg	May
		<i>In working out</i>	women				
4.	Open European Grand Prix	<i>In working out</i>	men	unlimited	France	Paris	28-30 June
		<i>In working out</i>	women				
5.	World Grand Prix 4 Stage	<i>In working out</i>	men	unlimited	<i>It will be certain additionally</i>		September-October
		<i>In working out</i>	women				
6.	World Grand Prix Final	<i>In working out</i>	men	unlimited	Australia	Melbourne	December
		<i>In working out</i>	women				
<b>Fourth group. Festivals, contests, training camps</b>							
1.	International training camp “Amber Kettlebells”	Universal training with kettlebell	unlimited	unlimited	Latvia	Ventspils	July
2.	International training camp IKSA	Fitness & Kettlebell lifting	unlimited	unlimited	Latvia	Daugavpils	September-October
<b>Fifth group. Conferences, scientific and methodological activities, judicial seminars, coaching seminars, sports forums, participation in congresses</b>							
1.	Seminar for instructors	Fitness & Kettlebell lifting	unlimited	unlimited	Latvia	Riga	March
2.	International seminar for judges	Kettlebell lifting	judges	From 18 years old	Germany	Stolberg	30 May – 2 June
3.	Seminar for instructors	Fitness, MMA	unlimited	unlimited	Estonia	Tallinn	August
4.	International seminar for judges	Kettlebell lifting	judges	From 18 years old	Serbia	Belgrade	November